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855 East Samford Avenue · Post Office Box 3270  
Auburn, Alabama · 36831-3270  
Telephone (334) 887-2100 · Fax (334) 887-2107

Dear Parent or Guardian.

There has been an increase in student absences due to illnesses, and the following information may be helpful to ensure our students remain healthy. Communicable diseases are diseases that are transmitted from person to person and are the most common cause of school absences. If your student does not feel well and/or has a temperature, please keep them at home. This will allow them to have the best opportunity to learn and keep their classmates, teachers, and other staff healthy.

Please find the following guidelines to follow during the school year:

**Students should stay home from school if they:**

- Fever of 100 degrees or higher
- Undiagnosed rash
- Vomiting, nausea, or abdominal pain
- One or more episodes of diarrhea
- Complaints of severe earache, with or without fever
- Severe sore throat with symptoms indicating possible strep throat
- Conjunctivitis (Pink Eye)
- Persistent cough
- Any sore oozing fluid or pus

**Students may return to school:**

- 24 hours without fever (without the use of fever-reducing medication)
- 24 hours without vomiting and diarrhea
- 24 hours after first dose of antibiotic medication with a diagnosis of strep throat or conjunctivitis (Pink Eye)

It is important that these symptoms are recognized quickly, and steps are taken to prevent the spread to other students or staff. If you have any questions or concerns, you may contact your school's nurse .

Sincerely,  
Kathy McAdory, MSN, CCRN-K  
Nurse Administrator